

A Discipleship Grid

We want to make disciples like Jesus talked about in Matt 28. But often we get stuck and don't exactly know how to spend our time. Here are some helpful hints to get you started.

If you are going to spend 1 on 1 time with someone discipling them, here's how you might use your time:

1. **WORD (30 minutes)** – spend time in the word together. Choose a book of the Bible to study through together. Share with your disciple what you've been learning in your quiet times. Keep the word central to your discipleship times because that's what changes lives.
2. **MINISTRY (1 hour)** – Jesus often was doing ministry with his disciples. This is the component that sometimes gets forgotten. It's been said discipleship with evangelism is just counseling. Without going out and doing ministry together (ie doing evangelism, reaching a target area together, leading a bible study together, learning a new ministry skill etc) we won't become the type of multiplying disciples Jesus' desires. So take a leap of faith---and go do some ministry each week with your disciple(s).
3. **FELLOWSHIP (30 minutes)** – This is the time in discipleship where we go deep. This is where you learn about your disciple's boyfriend/girlfriend, where you hear about their deep struggles, where you get to the point where there are no secrets between you. Fellowship is also just hang out time---doing racquetball, coffee, movies, life together. You'll want to book some just life-on-life time together. The key to meaningful fellowship is asking deep questions and having good amounts of hang time together.